

## Excerpts from the Presidential Commission on the Assignment of Women in the Armed Forces (November, 1992)

### Data gathered from a survey conducted at an Army ROTC Advanced Summer Camp on 623 women and 3540 men.

"Women's aerobic capacity is significantly lower, meaning they cannot carry as much as far as fast as men, and they are more susceptible to fatigue."

"In terms of physical capability, the upper five percent of women are at the level of the male median. The average 20-to-30 year-old woman has the same aerobic capacity as a 50 year-old man."

"Using the standard Army Physical Fitness Test, the upper quintile of women at West point achieved scores on the test equivalent to the bottom quintile of men."

"Only 21 women out of the initial 623 (3.4%) achieved a score equal to the male mean score of 260."

"On the push-up test, only seven percent of women can meet a score of 60, while 78 percent of men exceed it."

"Adopting a male standard of fitness at West Point would mean 70 percent of the women would be separated as failures at the end of their junior year, only three percent would be eligible for the Recondo\* badge, and not one would receive the Army Physical Fitness badge."

\*The following are the criteria to receive the RECONDO Badge.

- (1) Execute all Confidence and CWST events presented to standard on the day of scheduled execution. Failure to meet the standard for ANY event denotes a "NO GO" for badge qualification.
- (2) Achieve an APFT score of 270 or above without retesting, 90 points minimum in each event.
- (3) Without retest, achieve a score of 80% or higher on each event (written, day, night) of the Land Navigation proficiency test (16/20 Written, 6/8 stakes Day, 4/5 stakes Night).
- (4) Achieve a "GO" on BRM (23 of 40 hits).
- (5) Complete the CPT Michael Tarlavsky Hand Grenade Assault Course, the 1<sup>st</sup> LT Nainoa Hoe Combat Assault Course, and the CPT Sean Grimes 1<sup>st</sup> Aid Assault Course.
- (6) Achieve satisfactory or higher performance ratings on BOTH Squad STX evaluations.
- (7) Successfully complete WF without a performance waiver. Medical waivers are acceptable.
- (8) Receive satisfactory or higher summary ratings for all 16 scored Leadership Dimensions and Values, as reported on the Cadet Command Form 67-9, Cadet Evaluation Report.
- (9) Meet Height/Weight or Body Fat Standards IAW AR 600-9.b. COMMANDANT'S LIST: Meet all above RECONDO criteria and receive a summary rating (Performance and Potential, Part VIa, CER) of "EXCEEDS STANDARDS (E)".

SOURCE: US Army